



Financial Policy 2026

Hazelnut Naturopathic Financial Policy

Hazelnut Naturopathic Health is a fee-for-service business. Naturopathic doctors are not licensed in the State of Michigan, and naturopathic care is NOT covered by insurance. Payment is expected in full at the time of your visit in order to continue to offer our clients the best care possible*. Our practitioners strive to make holistic health options available to as many people as possible without compromising our mission to provide excellent client care.

We accept cash, check, VISA and MasterCard (please note that returned checks are subject to an additional fee). HSA and FSA accounts are accepted if naturopathic consultation, acupuncture, massage therapy, and/or supplement purchases are included in your health plan. You are responsible for verifying this with the company managing your HSA/FSA account. Fees for services offered are listed below. If our practitioners make any recommendations during your visit including supplements, evaluations, or therapies, these will require an additional cost. You will be told of the cost in advance; please note you are under no obligation to purchase these products or services from Hazelnut Naturopathic Health.

Credit Card Policy

1. We require all clients to have a valid credit card on file or leave a retainer towards visit fees. HSA cards are not considered valid credit cards for the purposes of having a card on file; HSA cards can be used for payment at time of visit according to your HSA company's policies. There are no exceptions to this rule. If you are unwilling or unable to provide this card information, future visit fees must be paid in full as retainer before visits are scheduled. Retainer payments will maintain full value on the client's account forever with refunds being administered by written request less the cancellation fee if the visit is cancelled with less than 24 hours notice as subject to our most current cancellation policy.
2. The credit card will be swiped/entered today and kept on-file digitally using the latest end-to-end encryption security software that our merchant service (JP Morgan Chase Merchant Service) uses. No credit card information is stored in our computer system. Our office is 'PCI-compliant', meaning we place a high priority on the security of cardholder data. Maintaining this policy will allow our practice to help keep overall costs down for all of our clients, keeping naturopathic consultations and other services available to as many individuals as possible.
3. If the credit card we have on file for you changes, please notify us IMMEDIATELY by calling us. Credit cards can be changed, cancelled, or expired, and we understand that is common for our clients. If we run your credit card, and it is denied for any reason, we reserve the right to charge an additional \$25 administrative credit card fee if we are not able to run a new credit card within 7 calendar days. Good faith attempts to contact you will be made via phone and/or email. By phone and/or email, we will leave you a message at the phone number you provided for us, asking you to give us a call with the new number right away. We will key-in the new credit card number into your online file, and that will become your new card on-file, subject to the same financial policy as the card you gave us in-person when you were in our office.



Schedule of Services and Fees

Discovery Visit (15 minutes): \$20****
Initial ND Adult/Child Office Visit (90 minutes): \$280

Initial ND Child Office Visit (60 minutes): \$220
ND Follow-Up Visit (45 minutes): \$135
ND Follow-Up Visit (30 Minutes): \$100
ND Follow-Up Visit (15 Minutes): \$65
Nutrition Consultation (60 minutes): \$135
Phone Consultation**: \$65/15 Minutes; \$35/every additional 15 minutes

Constitutional Hydrotherapy (50 minutes): \$70
Other Hydrotherapy (Wet Wraps, etc): \$60/Hour
Sauna Session (30 min): \$25
Carroll Food Intolerance Method: \$125
IASTM/Soft Tissue Therapy (15 minutes): \$30
Craniosacral/Visceral Manipulation/Soft Tissue Therapy (25 minutes): \$50
Craniosacral/Visceral Manipulation/Soft Tissue Therapy (50 minutes): \$95
Craniosacral/Visceral Manipulation/Soft Tissue Therapy (90 minutes): \$135
Kinesio Taping: \$8

Offered Packages:

- 1) Introductory Sampler Package: \$660 (\$45 overall savings)
Includes a 90-minute 1st Office Visit, a 45-minute Follow Up Visit, the Carroll Food Intolerance Method (includes free 30 min follow up), a 60-minute Massage Therapy Visit, and a Constitutional Hydrotherapy Visit

- 2) 3-Month ND Package: \$560 (\$45 overall savings)
Includes a 90-minute 1st Office Visit, 2 30-minute Follow Up Visits, and the Carroll Food Intolerance Method (includes free 30 min follow-up)

- 3) 6-Month ND Package: \$735 (\$70 overall savings)
Includes a 90-minute 1st Office Visit, 4 30-minute Follow Up Visits, and the Carroll Food Intolerance Method (includes free 30 min follow-up)

- 4) Detox Package: \$750 (\$105 overall savings)
Includes an initial 30-minute Visit, 4 Massage Therapy Visits, 4 Constitutional Hydrotherapy/Wrap Visits, 30-minute Concluding Visit to wrap things up
Optional Detox Package Add-On: 25% supplement discount on 5 products (over \$40 savings)



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5) Annual Follow-Ups: \$550 (\$50 savings)

Includes 6 30 minute Follow-Ups (approximately 1 visit every 2 months)

6) Massage Therapy Package***: \$430 (\$45 overall savings) - Includes 5 Massage Therapy Visits

7) Constitutional Hydrotherapy Package***: \$325 (\$25 overall savings) - Includes 5 Constitutional Hydrotherapy Visits

8) Sauna Package #1: \$100 (\$25 overall savings) - Includes 5 Dry Sauna Space Sessions

9) Sauna Package #2: \$180 (\$70 savings) - Includes 10 Dry Sauna Space Sessions

Office Fees:

Returned Check Fee: \$35

Administrative Credit Card Fee: \$25

Cancellation Policy Fee: \$65^

Printed and/or Mailed Post-Visit Recommendations (not including handouts): \$5

Product Shipping Fee: \$5-\$10 depending on package size/weight

* If special circumstances make immediate payment impossible once a client relationship has been established, payment arrangements must be made and additional paperwork signed before your office visit. This includes package arrangements.

** Brief phone calls to clarify instructions, or address any questions or concerns that arise following a visit are free of charge. Phone calls that cover new material, require new information, and/or a change in your naturopathic care plan, or take an extensive amount of time are considered to be a phone consultation and will be charged accordingly.

*** Paid value of each package never expires; visits must be used within 6 months (8 months for 6-Month ND Package) to retain per session discounts/savings; otherwise prices revert to the most current financial policy rates.

**** Discovery Visit must be paid in advance of visit and is NON-REFUNDABLE. Cancellation with more than 24-hour notice allows rescheduling of the Discovery Visit. NO EXCEPTIONS.

^ Cancellation fees, if applicable, must be paid before scheduling additional visits.

I HAVE READ AND FULLY UNDERSTAND THE FINANCIAL POLICY SET FORTH BY HAZELNUT NATUROPATHIC HEALTH. I UNDERSTAND AND AGREE THAT THE TERMS OF THIS FINANCIAL POLICY MAY BE AMENDED BY THE PRACTICE AT ANY TIME WITHOUT PRIOR NOTIFICATION TO THE GUARANTOR. I AGREE TO PAYMENT AT TIME OF SERVICE OF ALL CHARGES INCURRED AS A CLIENT OF AMANDA BLANDFORD, ND LMT, UNLESS OTHERWISE AGREED UPON WITH ADDITIONAL DOCUMENTATION AND SIGNATURES OF APPROVAL BEFORE VISIT.



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PATIENT SIGNATURE

Today's Date: *

Updated on 12/30/2025
